<u>Cereal of the Week</u> กออ

"KASHI"

"The" "7" "Whole" "Grain" "Company" "Go" "Lean" "Crunch" "Cereal"

The מָה נִּשְׁתַּנָה has four <u>"KASHI"s</u>-(questions). <u>"The" מַצָּ</u>ה says to eat מַצָּה for <u>"7"</u> days, and also not to eat or own any חָמֵץ on those 7 days. We try to stay awake a <u>"Whole"</u> night discussing יְצִיאַת מִצְרָיִם .

מַצָּה can be made of one of five species of "GRAINS" – wheat, barley, spelt, rye, and oats.

We all try to have extra <u>"Company"</u> at the פסח Seder. Every פסח, we must look at ourselves as if we <u>"Go"</u> out of מצרים.

One of the 4 questions is- why on this night do we "Lean" back and recline.

Another one of the 4 questions is why we only eat and "Crunch" on מַצָּה.

After מסח is over, we must <u>"Ce"</u> (see) if we <u>"Real"ly</u> understand all the answers and lessons of the 4 questions of the מָבוֹת ,--especially doing מְצְּוֹת quickly, and without delay.

(Do you know why מְצוֹת and מְצוֹת are spelled with the same letters??)

(Please note: Kashi cereal is NOT Kosher for Pesach!)