

# הלל אומר... אוהב שלום ורודף שלום...

1. On a scale of 1-10, how do I rate myself as being אוהב שלום ורודף שלום? \_\_\_\_\_

(10 as highest, 1 as lowest)

2. If I know that two people have bad feelings towards each other, am I especially careful not to say anything to either of them that might cause even more hurt?

a. Of course

b. I need to work on this

3. Do I personally speak and act towards others in a way that brings about peaceful relationships?

a. Usually

b. I need to work on this

c. a & b

4. What do I say or do to annoy others or cause them to act unfriendly towards me?

---

5. What can I say or do to get along well with others and cause them to act friendly towards me?

---

6. If I was involved in an argument or disagreement, do I take the initiative to act in a friendly manner towards the person and work towards reconciliation?

a. Usually

b. I need to work on this

c. a & b

7. Am I willing to continue to try and make peace with someone even if I have already tried many times and wasn't yet successful?

a. Yes

b. I need to work on this

8. When I give in to someone to prevent an argument - *"מוותר"* מ', do I view it as a sign of strength or a sign of weakness?

a. Sign of strength

b. sign of weakness

9. When have I made a conscious effort to praise a person to their friend or peers?

---

10. Do I know any people who do not get along well whom I could assist in making שלום between them?

---