Men & Women: Jewish View of Gender Differences

Compiled by Rabbi K.



FROM MARS,

Women, Are

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."G-d created the man in His image; in the image of God He created him,

male and female He created **them**. And G-d blessed **them**..."(Genesis 1:27-28)

כז וַיִּבַרָא אַלקים אֶת־הָאַדָם בַּצַלָמוֹ בַּצַלָם אַלקים בַּרָא אֹתוֹ זַכַר וּוָקָבָה בַּרא **אֹתָם**: כח וַיִּבַרֶךְ **אֹתְם**..."

- 1. Adam was not split down the middle; rather, Eve was created from an internal organ his rib.
- 2. Men Are from Mars, Women Are from Venus by Dr. John Gray
- 3. Most of Judaism applies equally to men and women.

However, the Torah's system of **spiritual achievement and happiness** applies **differently** to the two genders.

- Women-
- Men-
- 4. Eve....*vayiven*, "God built." ~ *binah*, "insight" or understanding. ויבן = בנה
- 5. **Women** have **Binah** = ability to enter something and understand it from the inside "inner reasoning."

Men tend to have *Da'at*, an understanding which comes from the outside. More connected to facts and figures.

- 6. Research Study in 2010 by Ralph Holloway and Christine de Lacoste-Utamsing, Jeanette McGlone, and Doreen Kimura.
 - Equal but Different. Since the genders are different, it's counterproductive to force them to act identically.
- 7. Rambam (Maimonides): "Men should respect their wives and women should respect their husbands."
- 8. Rabbi David Clyman's Informal Study of 50 young professional.
- 9. **Kavod** ="respect." or "heavy." A heavy object is something that I've got to deal with. If it's light, I just kick it out of the way.

For your consideration:

- 1. Does the Torah prefer one gender over another? How do you know?
- 2. What does "Equal but Different" mean?
- 3. What would the Torah consider a healthy boy/girl relationship in 6th grade?
- 4. What would the Torah consider a healthy boy/girl relationship when married?
- 5. How can we apply **kavod** to the opposite gender?